

**OVEREATERS ANONYMOUS**  
**WESTERN NEW YORK (including Ontario; Niagara Region)**  
**MEETING SCHEDULE**  
**UPDATED 01/03/19**

**All OA Meetings are Closed except where labeled “Open”**

Note: Closed meetings are for those who have a desire to stop eating compulsively;  
Open meetings are for anyone interested in learning about the OA program.

(\*) Meeting is handicap accessible

(\*\*) Meeting is 90 minutes otherwise 60 minutes

**SUNDAY**

**5:30 PM (\*) Cheektowaga, NY 14225** - Cleveland Heights Christian Church,  
4774 Union Rd. (near Cleveland Dr.). Contact::Janet(716)418-9465  
Group #: 30927. **Open**

**MONDAY**

**10:00 AM (\*)**

**(\*\*)Amherst, NY 14226** – Trinity Old Lutheran Church,  
3445 Sheridan Drive. Contacts: Annetta (716) 275-5498,  
Marilyn (585) 798-3325. Group #: 04957

**6:30 PM (\*) Buffalo, NY 14210** – Grace Church, 174 Cazenovia St.  
Contact: Darlyne S. (716) 674-8902.(after 11 A.M.)  
Group #: 45850. **Open 1<sup>st</sup> Monday of month**

**TUESDAY**

**10:00 AM (\*) Batavia, NY 14020** – First Baptist Church, 306 East Main St.  
Contact: Margaret (585) 948-5743. Group #: 29576. **Open**

**7:00 PM (\*) Williamsville, NY 14221** - The Hope Center, 781 Maple Rd.  
(at N. Forest & Maple Rd.). Contact: Victoria A. (716) 839-2102, Joanie L. (716)  
694-6386. Group #: 51472. **Open**

**10:00 AM St. Catharines, ON** – First Grantham United Ch., 415 Linwell Avenue  
Contact: Melva (286) 686-6280 Group #: 51490 **Open**

**THURSDAY**

**7:30 PM (\*) Hamburg, NY 14075** – St. Matthew’s Church, 5289 McKinley Parkway.  
Contact: Amy (716) 335-8624. Group #: 04841.

**FRIDAY**

**6:00 PM (\*) Cheektowaga, NY 14225** – Cleveland Heights Christian Church,  
4774 Union Rd. (at Cleveland Dr). Contact: Carol H. (716)208-5220.  
Group #: 38171. **(Step study)**

**SATURDAY**

**10:00 AM St. Catharines, ON** – First Grantham United Ch., 415 Linwell Avenue  
Contact: Bonnie (905) 688-9080. Group #: 46995. **Open**

**10:00 AM(\*) Amherst, NY 14225** – St. Stevens Church., 750 Wehrle Dr.  
Contact: Marilyn (585) 798-3325. Group #: 11330. **Open**

**WESTERN NEW YORK INTERGROUP(\*)(\*\*) – Every FIRST Saturday at 8:30 AM**  
St. Stevens Church. 750 Wehrle Dr. Amherst, NY 14225 (door opens 8:15—“Beige  
Room”

Western New York OA website: [www.oawny.org](http://www.oawny.org)

**IMPORTANT NUMBERS / ADDRESSES**

OA Hotline: 716-694-4848

Region 6 Website: [www.oaregion6.org](http://www.oaregion6.org)

OA World Service Website: [www.oa.org](http://www.oa.org)

Western NY OA Intergroup  
P.O. Box 936  
Williamsville, NY 14221  
Intergroup number: 09056

For changes to Meeting List, meeting contacts, or if you would like this list emailed to  
you please contact: **Paulette H:** [phone 716-465-3127](tel:716-465-3127) or [photchkiss55@yahoo.com](mailto:photchkiss55@yahoo.com)

Also, almost all meetings need Secretary’s who can receive WSO mailings containing  
information about events, policy changes, and staying connected with other groups.